## BEFORE THE BOARD OF MEDICAL EXAMINERS

#### IN THE STATE OF ARIZONA

In the Matter of

KEITH LEVITT, M.D.

Holder of License No. 26382 For the Practice of Medicine In the State of Arizona. Case No. MD-01-0259

CONSENT AGREEMENT FOR A LETTER REPRIMAND AND PROBATION

#### CONSENT AGREEMENT

By mutual agreement and understanding, between the Arizona Board of Medical Examiners ("Board") and Keith Levitt, M.D. ("Respondent"), the parties agreed to the following disposition of this matter at the Board's public meeting on February 6-7, 2002.

- 1. Respondent acknowledges that he has read and understands this Consent Agreement and the stipulated Findings of Fact, Conclusions of Law and Order. Respondent acknowledges that he understands he has the right to consult with legal counsel regarding this matter and has done so or chooses not to do so.
- 2. Respondent understands that by entering into this Consent Agreement for the issuance of the foregoing Order, he voluntarily relinquishes any rights to a hearing or judicial review in state or federal court on the matters alleged, or to challenge this Consent Agreement and the Order in its entirety as issued by the Board, and waives any other cause of action related thereto or arising from said Order.
- 3. Respondent acknowledges and understands that this Consent Agreement and the Order will not become effective until approved by the Board and signed by its Executive Director.
- 4. All admissions made by Respondent are solely for final disposition of this matter and any subsequent related administrative proceedings or civil litigation involving

the Board and Respondent. Therefore, said admissions by Respondent are not intended or made for any other use, such as in the context of another state or federal government regulatory agency proceeding, civil or criminal court proceeding, in the State of Arizona or any other state or federal court.

- 5. Respondent acknowledges and agrees that, although the Consent Agreement has not yet been accepted by the Board and issued by the Executive Director, upon signing this agreement, and returning this document (or a copy thereof) to the Board's Executive Director, Respondent may not revoke his acceptance of the Consent Agreement and Order. Respondent may not make any modifications to the document. Any modifications to this original document are ineffective and void unless mutually approved by the parties.
- 6. Respondent further understands that this Consent Agreement and Order, once approved and signed, shall constitute a public record document that may be publicly disseminated as a formal action of the Board.
- 7. If any part of the Consent Agreement and Order is later declared void or otherwise unenforceable, the remainder of the Order in its entirety shall remain in force

and effect.

Keith Levitt. M

awrence Rosenfeld, Attorney at Law

(Counsel For Dr. Keith Levitt)

Reviewed and accepted this 26th day of JANUAY, 2002.

Reviewed and approved as to form this 29 day of fourly, 2002.

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#### FINDINGS OF FACT

- 1. The Board is the duly constituted authority for the regulation and control of the practice of allopathic medicine in the State of Arizona.
- 2. Respondent is the holder of license number 26382 for the practice of allopathic medicine in the State of Arizona.
- 3. The Board initiated case number MD-01-0259 upon receiving notice from a health institution after certain members of the operating staff observed what was perceived as Respondent's diminished physical function.
- 4. Specifically, on April 3, 2001, Boswell Memorial Hospital notified the Board regarding Respondent's alleged diminished physical capacity in the operating room. Certain members of the operating staff noted Respondent's apparent inability to perform basic anesthesiology functions and decreased level of consciousness while administering anesthesia to a patient. Subsequently, Boswell Memorial Hospital summarily suspended Respondent.
- 5. Upon receiving notice of Respondent's behavior, Board staff phoned Respondent and informed him to submit a urine sample to the laboratory by 11:15 a.m. Respondent promptly sought and retained counsel, who consulted with Respondent. Thereafter, Respondent reported to the laboratory at 2:25 p.m. The urine sample was negative.
- 6. On April 19, 2001, Board staff met with Respondent and his attorney regarding the allegations of substance abuse. Respondent informed Board staff that he was not under the influence of controlled substances on April 3, 2001, but agreed to attend a treatment center for inpatient evaluation for chemical dependency (Springbrook). Respondent reported to Springbrook on April 25, 2001. Respondent completed treatment and was released on July 20, 2001.

- 7. While at Springbrook, Respondent confessed to having used Hydrocodone, Vicodin, IV Morphine, IV Fentanyl, and IV Sufentanil. Springbrook informed Board staff of Respondent's relapse. On May 15, 2001, the Board granted Respondent's request to inactivate his license with cause and issued an order.
- 8. After receiving documentation from Springbrook, Board staff discovered that Respondent was under the influence of controlled substances on the day he was removed from the Boswell Memorial Hospital. Thus, Respondent provided false information to Board staff during the April 19, 2001 interview.
- 9. Further investigation revealed that Respondent wrote fraudulent Hydrocodone prescriptions using the name of his girlfriend as a patient. Respondent used the Hydrocodone. Respondent also prescribed controlled and non-controlled substances specifically for his girlfriend. However, Respondent failed to maintain any medical records on his girlfriend and there is no evidence indicating that Respondent conducted a physical examination prior to prescribing the medications.
- 10. Respondent's actions violated both federal and state laws applicable to the practice of medicine. Respondent wrote fraudulent prescriptions, and injected and ingested controlled substances for non-therapeutic reasons. Respondent prescribed medication to a patient without conducting a physical and without maintaining patient records. All of these actions fell below the acceptable standard of care.
- 11. Respondent currently resides in the state of Washington. A letter dated December 4, 2001, from the Washington Physicians Health Program stated that Respondent's recovery appears to be stable, he was in full compliance with the programs contract, and he is able to practice medicine with reasonable safety.

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#### **CONCLUSIONS OF LAW**

- 1. The Board possesses jurisdiction over the subject matter hereof and over Respondent.
- 2. The conduct and circumstances described above in paragraphs 3 to 10 constitute unprofessional conduct pursuant to A.R.S. § 32-1401(25)(a) ("[v]iolating any federal or state laws or rules and regulation applicable to the practice of medicine.")
- 3. The conduct and circumstances described above in paragraphs 7 to 9 constitute unprofessional conduct pursuant to A.R.S. § 32-1401(25)(g) ("[u]sing controlled substances except if prescribed by another physician for use during a prescribed course of treatment.")
- 4. The conduct and circumstances described above in paragraph 9 constitute unprofessional conduct pursuant to A.R.S. § 32-1401(25)(e) ("[f]ailing or refusing to maintain adequate records on a patient.")
- 5. The conduct and circumstances described above in paragraph 9 constitute unprofessional conduct pursuant to A.R.S. § 32-1401(25)(ss) ("[p]rescribing, dispensing or furnishing a prescription medication or a prescription-only device to a person unless the licensee first conducts a physical examination of that person or has previously established a doctor-patient relationship.")
- 6. The conduct and circumstances described above in paragraphs 6 and 8 constitute unprofessional conduct pursuant to A.R.S. § 32-1401(25)(jj) ("[k]nowingly making a false or misleading statement to the board to or on a form required by the Board or in a written correspondence, including attachments, with the board.")

#### ORDER

#### IT IS HEREBY ORDERED THAT:

1. Respondent's license is converted from an inactive license to an active

license contingent upon Respondent paying his renewal fees. A.R.S. § 32-1431(D)

- 2. Respondent is issued a Letter of Reprimand for providing false information to the Board as specified paragraphs 6 and 8 of the above Findings of Facts.
- 3. Respondent's license is suspended for a period of **12 months**. However, the suspension is stayed and Respondent is placed on probation for **5 years** with the following terms and conditions. Upon any violation of a probationary term, after giving notice and the opportunity to be heard, the Board shall suspend Respondent's license for the 12-month period stated above. If an investigation involving an alleged violation of the probation is initiated but not resolved prior to the termination of the probation, the Board shall have continuing jurisdiction and the period of probation shall extend until the matter is final. This Order is the final disposition of case number MD-01-0259.
- (a) Respondent shall not prescribe, administer, or dispense controlled substances until he affirmatively receives the Board's approval to do so. Within one year from the effective date of this Order, Respondent may apply to the Board to terminate or amend this probationary term.
- (b) Respondent shall continue to practice medicine in the State of Washington and shall apply to the Board and affirmatively receive the Board's written approval to return to the practice of anesthesiology in the State of Arizona.
- (c) Respondent shall participate in the Board's Monitored Aftercare Program (MAP) with the following terms and definitions:

#### **DEFINITIONS:**

<sup>&</sup>quot;<u>Medication</u>" means "prescription-only drug, controlled substance, and over-the counter preparation, other than plain aspirin and plain acetaminophen."

<sup>&</sup>quot;<u>Emergency</u>" means "a serious accident or sudden illness that, if not treated immediately, may result in a long-term medical problem or loss of life."

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TERMS:

### 1. Participation in the Monitored Aftercare Program

Respondent shall promptly enroll in and participate in the Board's confidential substance abuse treatment and rehabilitation program (the "program"). As part of the participation in the program, the Respondent shall cooperate with Board staff and contracting program supervisors. Respondent shall remain in the program for a period of five years from the effective date of the Order.

### 2. Group Therapy

Respondent shall attend the program's group therapy sessions one time per week for the duration of this Order, unless excused by the group therapist for good cause such as illness or vacation. Respondent shall instruct the program group therapist to release to the Board, upon its request, all records relating to his treatment, and to submit monthly reports to the Board regarding attendance and progress. The reports shall be submitted on or before the 10th day of each month.

## 3. 12- Step or Self-Help Group Meetings

- A. Respondent shall attend ninety (90) 12-step meetings or other self-help group meetings appropriate for substance abuse and approved by the Board, for a period of ninety (90) days beginning not later than either (a) the first day following his discharge from chemical dependency treatment or (b) the effective date of this Order.
- B. Following completion of the ninety (90) meetings in ninety (90) days, Respondent shall participate in a 12-step recovery program or other self-help program appropriate for substance abuse as recommended by the group therapist and approved by the Board. Respondent shall attend a minimum of three (3) 12-step or other self-help program meetings per week.

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## 4. Board-Approved Primary Care Physician

- A. Respondent shall promptly obtain a primary care physician and shall submit the name of the physician to Board staff in writing for approval.
- B. The Board-approved primary care physician shall be in charge of providing and coordinating Respondent's medical care and treatment. Except in an *Emergency*, Respondent shall obtain his medical care and treatment only from the Board-approved primary care physician and from health care providers to whom the Board-approved primary care physician refers Respondent from time to time. Respondent shall request that the Board-approved primary care physician document all referrals in the medical record.
- C. Respondent shall promptly inform the Board-approved primary care physician of his rehabilitation efforts and provide a copy of this Consent Agreement to that physician. Respondent shall also inform all other health care providers who provide medical care or treatment that he is participating in the Board's rehabilitation program.

#### 5. Medication

- A. Except in an *Emergency*, Respondent shall take no *Medication* unless the *Medication* is prescribed by his Board-approved primary care physician or other health care provider to whom the Board-approved primary care physician makes referral. Respondent shall not self-prescribe any *Medication*.
- B. If a controlled substance is prescribed, dispensed, or is administered to Respondent by any person other than the Board-approved primary care physician, Respondent shall notify the Board-approved primary care physician in writing within 48 hours. The notification shall contain all information required for the medication log entry specified below. Respondent shall request that the notification be made a part of the medical record. This paragraph does not authorize Respondent to take any *Medication*

other than in accordance with paragraph A.

### 6. Medication Log

A. Respondent shall maintain a current legible log of <u>all</u> *Medication* taken by or administered to Respondent, and shall make the log available to the Board and its staff upon request. For *Medication* (other than controlled substances) taken on an on-going basis, Respondent may comply with this paragraph by logging the first and last administration of the *Medication* and all changes in dosage or frequency. The log, at a minimum, shall include the following:

- i. Name and dosage of *Medication* taken or administered;
- ii. Date taken or administered;
- iii. Name of prescribing or administering physician;
- iv. Reason *Medication* was prescribed or administered.

This paragraph does not authorize Respondent to take any *Medication* other than in accordance with paragraph 5.

## 7. No Alcohol or Poppy Seeds

Respondent shall not consume alcohol or any food/substance containing poppy seeds.

#### 8. Biological Fluid Collection

A. During all times that Respondent is physically present in the state of Arizona and such other times as Board staff may direct, Respondent shall promptly comply with requests from Board staff, the group therapist, or the program director to submit to witnessed biological fluid collection. If Respondent is directed to contact an automated telephone message system to determine when to provide a specimen, he shall do so within the hours specified by Board staff. For the purposes of this paragraph, in the case of an in-person request, "promptly comply" means "immediately". In the case of a

telephonic request, "promptly comply" means that, except for good cause shown, Respondent shall appear and submit to specimen collection not later than two hours after telephonic notice to appear is given. The Board in its sole discretion shall determine good cause.

- B. Respondent shall provide Board staff in writing with one telephone number which shall be used to contact Respondent on a 24 hours per day/seven days per week basis to submit to biological fluid collection. For the purposes of this section, telephonic notice shall be deemed given at the time a message to appear is left at the contact telephone number provided by Respondent. Respondent authorizes any person or organization conducting tests on the collected samples to provide testing results to the Board and the program director.
- C. Respondent shall cooperate with collection site personnel regarding biological fluid collection. Repeated complaints from collection site personnel regarding Respondent's lack of cooperation regarding collection may be grounds for termination from the program.

## 9. Payment for Services

Respondent shall pay for all costs, including personnel and contractor costs, associated with participating in the Monitored Aftercare Program (MAP) at time service is rendered or within 30 days of each invoice sent to him.

#### 10. Examination

Respondent shall submit to mental, physical, and medical competency examinations at such times and under such conditions as directed by the Board to assist the Board in monitoring his ability to safely engage in the practice of medicine and compliance with the terms of this order.

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#### 11. Treatment

Respondent shall submit to all medical, substance abuse, and mental health care and treatment ordered by the Board, or recommended by the program director.

#### 12. Obey All Laws

Respondent shall obey all federal, state and local laws, and all rules governing the practice of medicine in the State of Arizona.

#### 13. Interviews

Respondent shall appear in person before the Board and its staff and committees for interviews upon request, upon reasonable notice.

### 14. Address and Phone Changes, Notice

Respondent shall immediately notify the Board in writing of any change in office or home addresses and telephone numbers. Respondent shall provide Board staff at least three business days advance written notice of any plans to be away from office or home for more than five (5) consecutive days. The notice shall state the reason for the intended absence from home or office, and shall provide a telephone number that may be used to contact Respondent.

## 15. Relapse, Violation

In the event that Respondent violates any term of this order, Respondent's license will automatically be summarily suspended. Alternatively, Respondent may request to Surrender of License. If Respondent's license is revoked, Respondent shall be prohibited from reapplying for a license for five (5) years.

## 16. Notice Requirements

A. Respondent shall immediately provide a copy of this Order to all hospitals and free standing surgery centers at which Respondent has any privileges. Within 30 days of the effective date of this Order, Respondent shall provide the Board with a signed

B. Respondent is further required to notify, in writing, all hospitals and free standing surgery centers at which Respondent has any privileges of a chemical dependency relapse, use of drugs or alcohol in violation of this Order and/or entry into a treatment program. Respondent shall provide the Board, within seven days of any of these events, written confirmation that Respondent has complied with this notification requirement.

#### 17. Public Record

This order is a public record.

#### 18. Out-of State

In the event Respondent resides or practices medicine in a state other than Arizona, Respondent shall participate in the physician rehabilitation program sponsored by that state's medical licensing authority or medical society. Respondent shall cause the other state's program to provide written reports to the Board regarding his attendance, participation, and monitoring. The reports shall be due on or before the 15th day of March and September of each year, until the Board terminates this requirement in writing.

#### 19. Quarterly Declarations

Respondent shall submit quarterly declarations under penalty of perjury on forms provided by the Board, stating whether there has been compliance with all the terms of

1	this order. The declarations shall be submitted on or before the 15th of March, June,
2	September and December of each year.
3	DATED AND EFFECTIVE this day of, 2002.
4	
5	BOARD OF MEDICAL EXAMINERS
6	OF THE STATE OF ARIZONA
7	(SEAL)
8	By Claudia Fort
9	CLAUDIA FOUTZ, Executive Director TOM ADAMS, Deputy Director
10	
11	ORIGINAL of the foregoing filed this
12	<u>र्र</u> day of <u>स्ट्रक्श्यक्त</u> , 2002 with:
13	The Arizona Board of Medical Examiners 9545 E. Doubletree Ranch Road
14	Scottsdale, AZ 85258
15	EXECUTED COPY of the foregoing mailed by Certified Mail this day of, 2002 to:
16	
17	Lawrence J. Rosenfeld, Esq. Greenberg Traurig, LLP
18	2375 E. Camelback Road, Ste. 700 Phoenix, AZ 85016
19	
20	EXECUTED COPY of the foregoing mailed this day of אַר בּאָנאָפּין, 2002 to:
21	Keith Levitt, M.D.
22	2203 N. 80 <sup>th</sup> Street
23	Seattle, WA 98103-4508
24	

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1 2	EXECUTED COPY of the foregoing hand-delivered this \( \frac{\frac{1}{2}}{12} \) day of \( \frac{1}{2} \) 2002, to:
3	Christine Cassetta, Assistant Attorney General
4	Lynda Mottram, Compliance Officer
5	Lisa Maxie-Mullins, Legal Coordinator (Investigation File) c/o Arizona Board of Medical Examiners
6	9545 E. Doubletree Ranch Road Scottsdale, AZ 85258
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In the Matter of

KEITH LEVITT, M.D.

In the State of Arizona.

Holder of License No. 26382

For the Practice of Medicine

13.14.

Case No. MD-01-0259

AMENDMENT TO CONSENT AGREEMENT FOR LETTER OF REPRIMAND AND PROBATION DATED FEBRUARY 7, 2002

### **AMENDMENT TO CONSENT AGREEMENT**

By mutual agreement and understanding between the Arizona Medical Board ("Board") and Keith Levitt, M.D. ("Respondent") on February 7, 2002 the parties entered into a Consent Agreement ("Agreement") to resolve case number MD-01-0259. The terms and conditions of the Agreement are incorporated herein by reference. One of the terms of probation prohibited Respondent from prescribing, administering or dispensing controlled substances until further Board order. The Agreement provided that one year from the effective date of the Agreement, Respondent could request that the Board remove this prohibition.

At its public meeting on March 12, 2003, the Board was presented with Respondent's request that the Board remove this prohibition and with evidence that Respondent has demonstrated a successful rehabilitation and that removal of this prohibition was warranted. After due consideration of the facts and law applicable to this matter, the Board voted to amend the Agreement as indicated below.

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#### ORDER

IT IS HEREBY ORDERED THAT Paragraph 3(a) of Respondent's probation contained in the Agreement dated February 7, 2002 is deleted. Respondent may now prescribe, administer or dispense controlled substances.

All other terms of the Agreement remain in full force and effect.

DATED AND EFFECTIVE this 19th day of MARCH

2003.

ARIZONA MEDICAL BOARD

BARRY A. CASSIDY, Ph.D, PA-C **Executive Director** 

Executed copy of the foregoing mailed by U.S. Certified Mail this 19 day of 1/1000th, 2003, to:

Keith Levitt, M.D. 2600 2nd Avenue #1108 Seattle, Washington 98121-1239

Copy of the foregoing hand-delivered this 19 day of MARCH, 2003, to:

Christine Cassetta Assistant Attorney General Sandra Waitt, Management Analyst Compliance Investigations (Investigation File) Arizona Medical Board 9545 East Doubletree Ranch Road Scottsdale, Arizona 85258